

SPECIAL SKILLS LIST FOR THE ACTORS RESUME

Chapter 2: THE PORTFOLIO

SPORTS

AEROBICS
ARCHERY
BADMINTON
BALLOONIST
BASEBALL
BASKETBALL
BATON TWIRLING
BILLIARDS
BOATING
BODY BUILDING
BOWLING
BOXING
CANOEING
CHEERLEADING
CRICKET
CROQUET
DIVING
FENCING
FIGURE SKATING
FISHING
FLYFISHING
FOOTBALL
FRISBEE
GOLF
GYMNASTICS
HACKEYSACK
HANDBALL
HANG GLIDING
HIKING
ICE HOCKEY
ICE SKATING
JET SKIING
JOGGING
JUMP ROPE
KAYAKING
KICK BOXING
MOUNTAIN CLIMBING
PILOT A PLANE
PING PONG
POGO STICK
RACQUETBALL
RAPPELLING
ROCK CLIMBER
ROLLER HOCKEY
ROLLER SKATING
ROLLERBLADING
RUGBY

RUNNING
SCUBA DIVING
SCULLING
SKATEBOARDING -
SKEET/TRAP SHOOTING
SKY DIVING
SNORKELING
SNOW SKIING
SNOWBOARDING
SNOWMOBILE
SOCCER
SOFTBALL
SPEED SKATING
SQUASH
SUPERCROSS
SURFING
TENNIS
TRAMPOLINE
TRAPEZE
VOLLEYBALL
WATER POLO
WATER SKIING
WEIGHT LIFTER
WINDSURFER
WRESTLING

SWIMMING

BACK STROKE
BREAST STROKE
BUTTERFLY
DIVING
FREESTYLE
SWIMMING (GENERAL)
SYNCHRONIZED

TRACK & FIELD

BROAD JUMP
DISCUS
HIGH JUMP
HURDLE
JAVELIN
LONG JUMP
MARATHON
POLE VAULT
SHOT PUT
SPRINTER
TRIATHLON

CYCLING

BMX
DOWNHILL
FLATLAND
FREESTYLE
HALF PIPE
JUMPS
MOUNTAIN BIKING
RECUMBENT
ROAD BIKING
TRIALS RIDING
UNICYCLE
VERTICAL WALL

LANGUAGES

LANGUAGES (FLUENT)
LANGUAGES (FAMILIAR)
(List all languages you
can speak fluently or
conversationally)

DIALECTS

ARMENIAN
AUSTRALIAN
BOSTON
BRITISH
BRONX
BROOKLYN
CAJUN
CANADIAN
CHINESE
COCKNEY
FRENCH
GERMAN
IRISH
ITALIAN
JAMAICAN
JAPANESE
MANHATTAN
MEXICAN
MIDDLE EASTERN
MINNESOTA
WISCONSIN
NEW ENGLAND
PUERTO RICAN
RUSSIAN
SCANDINAVIAN

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SCOTTISH
SOUTH AFRICAN
SOUTHERN
SPANISH
SWISS-GERMAN

MUSIC & DANCE

DANCE

BALLET
BALLROOM
BELLY
BREAK
CLOG
CLUB/FREESTYLE
CONTRA DANCING
DISCO
FLAMENCO
HIP HOP
HULA
IRISH DANCE
JAZZ
LINE
POINTE
POLKA
ROBOT
SALSA
SQUARE
SWING
TANGO
TAP
WALTZ

SINGING

COUNTRY
FOLK
JAZZ
MUSICAL THEATER
OPERA
POP
R&B
RAP

VOCAL RANGE

ALTO
BARITONE
BASS
MEZZO-SOPRANO

SOPRANO
TENOR

INSTRUMENTS

ACCORDION
BANJO
BASS
BONGOS
CELLO
CLARINET
DRUMS
FIDDLE/VIOLIN
FLUTE
FRENCH HORN
GUITAR
HARMONICA
HARP
KEYBOARD
MARACAS
MARIMBA
OBOE
ORGAN
PERCUSSION
PIANO
PICCOLO
RECORDER
SAX
STAND-UP BASS
SYNTHESIZER
TAMBOURINE
TROMBONE
TRUMPET
TUBA
UKULELE

BAND

BIG BAND
BLUES
COUNTRY
ELECTRONIC
HIP-HOP
JAZZ
LATIN
METAL
NEW WAVE
ONE-MAN
POP
PUNK

RAP
REGGAE
ROCK
ROCKABILLY
SWING
WEDDING

COMBAT TRAINING

STAGE COMBAT

DAGGERS
FENCING
HAND-TO-HAND
RAPIER
STAFF
SWORDS

MARTIAL ARTS

AIKIDO
HAPKIDO
JEET JUNE DO
JIU-JITSU
JUDO
KARATE
KUNG FU
TAE KWON DO
TAI CHI
TAIBO

MARTIAL ARTS WEAPONS

BO STAFFS
ESCRIMA
KAMA
NANCHUKAS
SAI
SWORDS
THROWING KNIVES
THROWING STARS
TONFA
MILITARY TRAINING

GENERAL WEAPONS

AUTOMATIC WEAPON
ARCHERY
HANDGUN
RIFLE

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IMPROVISATION

GROUNDLINGS
IMPROV (GENERAL)
LONG FORM
SECOND CITY
SHORT FORM
SKETCH
VIOLA SPOLIN

CIRCUS SKILLS

CLOWN
CONTORTIONIST
FIRE EATER
FIRE JUGGLER
HULA HOOP
JUGGLER
MIME
STILT WALKER
TRAPEZE

HORSEBACK RIDING

BARE BACK
BARREL
DRESSAGE
ENGLISH
JUMP
POLO
RODEO
ROPING
SIDE SADDLE
WESTERN

DRIVING SKILLS

4WD
ATV
DUNE BUGGY
MOTORCYCLE,
DIRT/ROAD
PRECISION DRIVING
SEMI-TRUCK
STICK SHIFT

MISCELLANEOUS SKILLS

ASTROLOGER
CARPENTRY
CHEF
COMEDIAN
DISC JOCKEY
IMPRESSIONIST
MAGICIAN
MASSEUSE
PILATES
PUPPETRY
SIGN LANGUAGE
STRIPPER
TELEPROMPTER
VENTRILOQUIST
VIDEO GAMES
WHISTLER
YO-YO
YOGA

STUNTS

BMX
BOATING
BUILDING FALL
CYCLING SPILLS
AEROBATIC PILOT
HIGH WIRE
MOUNTAIN BIKING
ROAD DRIVING
SKIING
SKY DIVING
SNOWBOARDING
TRACK DRIVING